

**101 WAYS TO
TRAVEL THE
WORLD FOR
LESS THAN
\$10 A DAY**

AMIRAH J. COOK

Dedication

To my beautiful mother, who chose her happiness over her career. I've never been more proud of you. Now you and Dad can finally honeymoon... Indefinitely.

“If there has been
a desire in your
heart for longer
than you can
remember, you
didn't put it there;
it is your calling.”
– Amirah J. Cook

INTRODUCTION

I ignored my calling by continuously postponing my dream. Because I couldn't see my calling bringing me any closer to the material possessions I chose to value so highly, I ignored it. My main goal was to make my family proud and strangers jealous, as I climbed a corporate ladder with no desire to reach the top. Every weekday I forced myself to wake up early and drive 45-minutes through the San Fernando Valley, to a wonderful career that I hated, trying to convince myself that this was what 'being an adult' was all about; that the fiery ball of anxiety permanently residing in my stomach was normal.

Initially anxiety only appeared when I worried about my financial responsibilities, and then it progressed to a stage that made fully enjoying my life impossible. Even my weekends were restless, as I grew uneasy every Sunday evening, dreading the following morning. I found myself worrying about the office on vacation and avoiding my emails the way I feared opening my bank account statements after a shopping spree. My spending was another story. Constantly overcompensating for not following my heart, the way a single mother spoils her son in an attempt to fill the void created by the absence of his father.

In an effort to improve my mental health, I began spending all of my free time focusing on my personal development. Whenever I was not working, my schedule consisted solely of things that made me happy, which usually included my bike and notebook, on long explorations of Los Angeles. As I began to feed my passions, it became obvious that following my heart was the only path to true happiness and fulfillment. I knew traveling and writing were directly connected to my calling and that my career was preventing me from pursuing them, but I wasn't ready to give up my financial safety net. There were too many questions to be answered, too much to figure out. While writing and traveling sounded great, my apartment on Wilshire Blvd was expensive. On the first of the month my \$2,100 in rent was due and I didn't know how to pay it without my salary. I tried to manually override my mind, forcing my body to disregard my heart, postponing my fulfillment until I had it all figured out.

One Monday morning I suffered a panic attack as I tried to get ready for work and never went back to that wonderful career of mine, deciding to follow my heart instead. When I embarked on my world adventure with my husband, neither of us had ever traveled outside of the country. We had a limited understanding of the world to match our limited resources to fund our travels. Our

families were doubtful and terrified, but we pushed forward anyway. We purchased one-way flights to Panama with no long-term plan or income. I did my research, but it could not have prepared me for the life changing experience that traveling has become. We have now successfully created careers from our passions and I am living my dream with the man that I love. This book is a culmination of what I've learned on my journey that I began without having it all figured out.

Each tip in this book falls into one of six categories: Accommodation, Transportation, Food, Hotspots, Experiences and Mindset. While the first three categories are self-explanatory, the second half requires clarification. Hotspots are places with low costs of living, where your dollar stretches further. In the Hotspots category, I highlight specific regions and cities, as well as the costs of travel. The Experiences category focuses on ways to minimize the cost of activities and events you can experience while on the road. The last, and most important, category is Mindset. Whether consciously or subconsciously, your mentality shapes your perspective and influences your actions. The Mindset category focuses on mental adjustments necessary to travel the world according to these tips.

I wrote this book for someone hoping to travel for an extended period. A mixture of my tips will allow you to travel for a year, with an average cost of less than \$10/day. After spending over a year traveling the world, I am eager to teach anyone willing to learn, how to travel with limited funds. Money is meant to simplify transactions, however, it often overcomplicates situations. While traveling is not free, money is not your only medium of exchange. Instead, you have several valuable resources to pay for your travels around the world.

By understanding when and where your money is the strongest you are able to better leverage this resource. As I write this, Vietnam has one of the weakest currencies in the world, with \$1 equaling 21,347 Vietnamese Dong. When traveling, that is a favorable condition to leverage the power of the dollar by using it as your medium of exchange for your travel expenses. However, when in countries like Kuwait, who currently has one of the strongest currencies, your dollar will not go nearly as far. It takes \$3.38 to equal one Kuwaiti Dinar. A condition like this is the perfect time to leverage other resources such as your time and unique skill set.

By following the tips in this book, you can travel the world for a year with less than

\$3,650. Does that mean you can book a ticket anywhere you desire and stay in a luxury penthouse for a year? No. But that was not my goal and I hope it is not yours. The goal of this book is to teach you how to continue traveling for an entire year with limited resources, by mixing unconventional travel methods into your itinerary, significantly lowering your expenses. My hope is that you find my advice useful and are able to embark on your own adventure by implementing these tips.

Happy Travels.

MINDSET

1. The Purpose of Traveling

I've found this to be the most important mental adjustment necessary to truly benefit from the information in this book. Traveling is so much more than vacationing; it is not about fancy hotels or sightseeing. Personal development, through experience and exposure while gaining a global perspective and empathetic understanding of different cultures, should be your ultimate travel goal.

Traveling is not about collecting stamps, posting pictures or even bragging of your international adventures. The greatest benefit of travel is the inevitable change *within* you. There is something extraordinary about seeing yourself in the reflection of foreigners that will forever change you.

Learning has been proven to be most effective through experience. Travel is the greatest learning experience; think of it as the residency portion of an education in life. It is much more than a lavish escape from your normal life. Instead, travel is a privileged peak into the culture and normalcies of others around the world.

ACCOMMODATION

2. House Sitting



Have you ever considered watching over someone's home, while they are away, in exchange for free accommodation? House sitting is a great opportunity to travel, both domestically and internationally, for limited and long-term stays, without incurring lodging costs.

The ability to live in a traditional home and neighborhood is an added bonus of house sitting, as this allows you an authentic glimpse of culture. I will share one of my house sitting experiences later.

TRANSPORTATION

3. Regional Budget Airlines



There are budget airlines dedicated to serving regions around the world. By knowing which airline to use, depending on your location, you are able to easily travel throughout a region at discounted rates.

From Asia to America, there are airlines dedicated to making travel by air very affordable in specific regions. The most popular budget airlines are listed in subsequent travel tips in this book, making it very simple to find cheap flights around the world. Air travel is especially inexpensive using budget airlines in Southeast Asia, and Europe, so I highlight these areas.

FOOD

4. Buy Local



When traveling abroad, ‘do as the locals do’, as much as possible. This is very important when purchasing food. Try to shop at local markets and even directly from farmers when given the opportunity. Not only will you get a cheaper rate, you’re guaranteed an authentic culinary experience when you use local ingredients.

Remember this even when shopping in grocery stores. Many regions around the world limit imports, so it is both difficult and expensive to find foods not grown locally. Trying to buy peanut butter in Italy can cost you more than a steak dinner.

EXPERIENCES

5. Broker Group Discounts

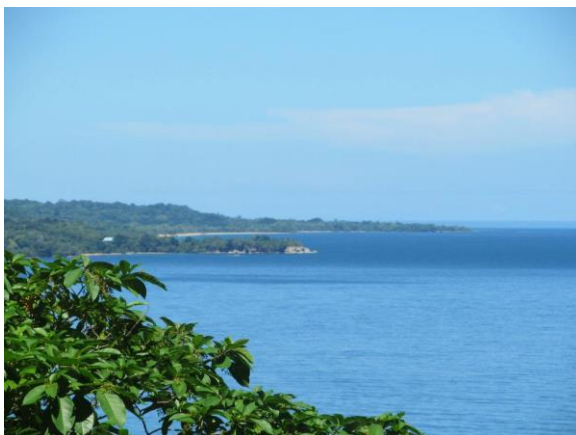


Whether you are traveling with a group or solo, you should always inquire about group discounts before booking an activity. Bringing additional customers gives you leverage to negotiate a discounted group rate.

If you are traveling solo, you simply invite people you meet in your hotel or hostel. When traveling in regions with designated activities, such as rafting and snorkeling, most travelers have plans to partake in the same excursions. You may be surprised by how willing people are to join you, which will (of course) lower your price.

HOTSPOTS

6. Central America



Central America is one of the most popular destinations for backpacking. Many hostels and guesthouses throughout the region tailor to budget travelers. Local restaurants, called Sodas, serve delicious traditional meals for \$5 or less, making your daily expenses extremely low.

You can bus from one country to the next for less than \$30, making country hopping affordable. However, there are many more reasons to visit Central America than the low costs. The weather is phenomenal year-round, the views are stunning and there are beautiful beaches lining the coasts.

“If it scares you, it
might be a good
thing to try.”
– Seth Godin

MINDSET

7. Exit Your Comfort Zone

You may read some of my travel tips and think they're too good to be true or, more likely, that they are something you could never do. You're too quiet, too shy, and too proud to take advantage of these opportunities. I can relate, I never thought I would be able to do some of the things I have done.

Traveling requires you to leave your comfort zone. Embrace the discomfort that accompanies personal growth. Engage people you normally wouldn't talk to, and take risks that scare you.

Work on becoming the person you want to be, embodying characteristics you admire. Learn new languages and educate yourself on the places you visit while immersing yourself in new cultures.

Read as many books as you can that speak to your soul and push you forward. I recommend "The Four Agreements", by Don Miguel Ruiz; "Linchpin", by Seth Godin; "The Alchemist", by Paulo Coelho and "The Four Hour Work Week", by Timothy Ferriss.

ACCOMMODATION

8. Book Long-term Stays



Booking long-term stays has three benefits. First, it adds a little normalcy to the ever-changing lifestyle of travel. Constantly changing locations is both physically and mentally exhausting.

Secondly, long-term stays allow you to get a true feel of a community. By living in a destination for an extended period, you experience the culture organically.

Lastly, booking longer stays often allow you to cut your accommodation costs in half. Owners have fewer costs to cover than hotels and therefore tend to offer much cheaper rates for long term stays.

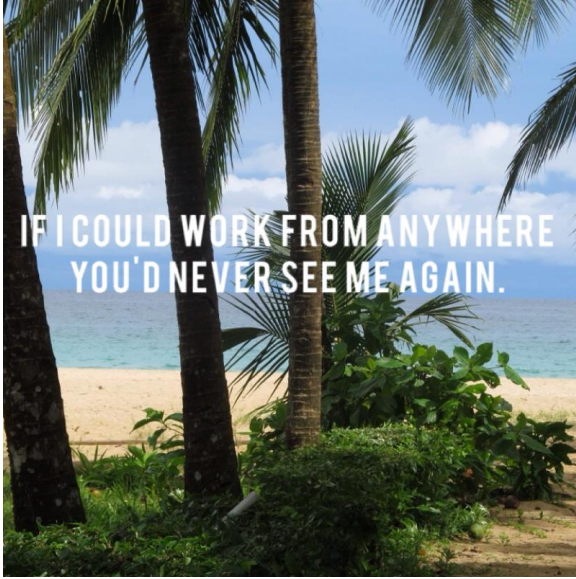
TRANSPORTATION

9. Bus Throughout Central America for \$30/ Country



Travel between all countries in Central America for only \$30 using Tica Bus, Transnica and Linea Dorado bus services. All

lines have luxury coaches with TVs and bathrooms onboard.



As you see the world, you naturally want to see more. As I traveled, I knew I wanted this to be a part of my regular life.

My only problem was that I didn't know how to make money without a job and I didn't want to stay in one place long enough to have a traditional job.

What I did was simple and life changing. By applying the same skills that allowed me to write this eBook, I learned to make more money, as opposed to spending less.

Now, I work from all over the world and teach others how they can do the same in my digital guide: [Passport Income](#).

EXPERIENCES

10. Rick Steves' in Europe



There are many apps dedicated to sharing information, by region, that can easily cut your entertainment costs in half. If you plan on traveling to Europe you will quickly learn that many of the monuments and tourist attractions have an entry fee as well as an extra cost for a tour guide.

The Rick Steves' in Europe app allows you to download guided tours for many locations throughout Europe. I saved money and time by using his guided tour in Rome while visiting The Colosseum as well as The Sistine Chapel, which had a secret tip to help you exit

directly into St. Peter's Basilica without waiting.

HOTSPOTS

11. Bocas Del Toro, Panama



Average Costs in Bocas Del Toro

Accommodation: For \$5/night you can sleep in a hammock or for double the price you can stay in a hostel dorm room. You can rent an apartment on the water for \$60/night.

Transportation: Bus to Bocas from Panama City for only \$30. Local Boat rides to travel between islands are only \$1.

Food: A local meal is only \$5, but you can also find Americana and other cuisines for a little more.

FOOD

12. Follow Local Trends



A great way to enjoy your travels and save money on the road is to immerse yourself in a new culture. Embrace the local customs and traditional foods, which will be easier to find and less expensive.

In England a fish n' chips meal costs less than a value meal. Close to the vineyards in Spain you can purchase a liter of wine for less than a bottle of Coca-Cola.

Keep this in mind when shopping for groceries as well as when you are picking a

restaurant. The picture featured is a traditional breakfast in Costa Rica. A pancake breakfast was twice the price.

“If you reject the
food, ignore the
customs, fear the
religion and avoid
the people, you
might better stay at
home.”

– James Michener

MINDSET

13. Identify Your Skills



Before you begin traveling it is important to understand how you can contribute to others you meet along your journey. You can leverage your unique skill set to help others and pay all of your expenses along the way.

Are you a photographer, or would you like to become one? If so, make sure to take a camera along with you on your journey; we'll discuss ways to utilize this skill later. Are you a web designer? Build a website to review all of the places you visit.

By identifying your unique talents you will be ready to seize opportunities as they become available.

ACCOMMODATION

14. Hostels



Don't think of hostels as creepy, disgusting places to avoid. Instead, look at them as budget hotels that cater to travelers.

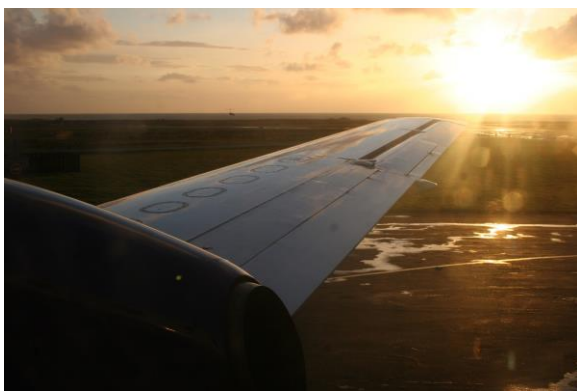
Most hostels offer free continental breakfast for guests. The cheapest and most popular lodging option at hostels is the bunk bed style dorm room. In dorm rooms you share a room and bathroom with other guests.

If you are traveling solo, hostels are the best places to meet fellow travelers. If you are

traveling as a couple, there are always private double rooms. The above picture was taken at a hostel in Panama, where private rooms were \$25/night.

TRANSPORTATION

15. Flight Glitches



A flight glitch is when an airline, or third party airline booking service, has a glitch in their system and sells airline tickets at an extreme discount.

The great thing about flight glitches is that you are able to book flights for up to 80% off of the regular price. The bad thing about flight glitches is that you never know when they will happen, what flight prices will be affected or how long the glitch will last.

A flexible schedule is crucial when a flight glitch arises. I once took advantage of a flight glitch in less than 10 minutes and got tickets to Italy from NYC for \$140. I list the best websites for flight glitches later.

EXPERIENCES

16. Free Activities



There are monuments you can see in every country around the world at no cost. Most of

the Cathedrals in Europe are free, all of the museums in London are free and most monuments are free to view. It cost nothing to see the London Eye, The Eiffel Tower or even the Colosseum.

HOTSPOTS

17. Granada, Nicaragua



Average Costs in Granada, Nicaragua

Accommodation: Hostel beds cost as little as \$8/night or rent a private studio apartment with all utilities and amenities included for \$400/month.

Transportation: Travel to Granada, Nicaragua by bus from San Jose, Costa Rica for just \$30 using Tica Bus service.

Food: A traditional meal of meat, rice, beans and plantains, will cost you around \$5. There are many different cuisines available for a little more than the cost of a traditional meal.

FOOD

18. Cook for Yourself



People tend to have the idea that traveling should be an escape from normalcy, a time to live by completely different standards. That is the main difference between vacationers and travelers.

If you want to be a traveler, you simply change your lifestyle to include different cities around the world. In these new locations you live as the local residents live, rather than a tourist on vacation.

I think it is important to try restaurants in every place you visit, but not for every meal. Cooking significantly cuts your food costs while giving you an authentic experience.

“To my mind, the
greatest reward
and luxury of
travel is to be able
to experience
everyday things as
if for the first time,
to be in a position
in which almost
nothing is so

familiar it is taken
for granted.”
– Bill Bryson

MINDSET

19. Put Yourself Out There!

A lot of the tips in this book may intimidate you at first glance. They're out of your comfort zone and you don't think you qualify to fulfill these positions. You're not experienced enough and you're afraid to send that first proposal.

I know the feeling; I was there and never imagined I would ever be able to maneuver my way around the world by seizing these opportunities. When I began traveling I had never done any of the things I am advising you to do.

I was nothing short of amazed when I heard back from my first pitch, which landed me two months of free accommodation in a guesthouse on The Caribbean Sea, in exchange for building a website and developing a marketing strategy.

You can never fulfill your true potential if you don't try. Put yourself out there! You may be surprised at the many opportunities, but unless you make yourself available to seize them, they will pass you by. You miss one hundred percent of the shots you don't take.

ACCOMMODATION

20. Airbnb



A great resource when traveling is access to rental properties around the world. Not only to actually rent, but also to gauge the cost of accommodation in cities you plan to visit. Airbnb is a valuable tool and a great way to research and book a variety of lodging options around the world.

Airbnb offers short and long stays, so you can use it to book a weekend stay in Italy or two months in Thailand. The wide variety of properties ranging from private bedrooms to entire apartments - with basic amenities to luxury finishes, in locations around the world makes it an incredible resource on the road. Plus memberships are free! [Click here to receive \\$55 off your first stay.](#)



I always talk about how I had no idea what I was doing when we first left the states. It was risky, but in retrospect it was necessary.

I have learned so much along the way and although I now prefer to make money online, as opposed to saving money using the techniques listed in this eBook, I didn't let

not knowing how to make money without a job stop me from traveling.

If you're interested in making money online, download my e-guide: [Passport Income](#), and I'll teach you to identify your unique skill set and apply it to 5 easy ways to make money online. Then, you can work from anywhere and travel more.

TRANSPORTATION

21. Bus from Panama City to Bocas Del Toro for \$30



If you ever find yourself in Panama City, Panama and want to either escape the urban city life or get closer to Costa Rica, it will only cost you \$30 to visit Bocas Del Toro.

Simply head to the Albrook Bus Terminal in Panama City and purchase a bus ticket to Almirante, Panama to begin your journey. The ride is long (approximately 9 hours), but it is overnight, so you can sleep through most of it. From Almirante you will catch a boat taxi to Bocas Del Toro (approximately 30 minute ride).

EXPERIENCES

22. Lodging with Amenities



When picking a lodging option, always consider the amenities offered to guests. Many hostels and guesthouses offer many free activities to all of its guests. From kayaks and jet skis to hiking and snorkeling gear, be sure to ask which activities come with your stay before finalizing a booking.

HOTSPOTS

23. Puerto Viejo, Costa Rica



Average Costs in Puerto Viejo, Costa Rica

Accommodation: Rent a hammock for \$5, a dorm bed for \$10 or a private room for \$25/night in Puerto Viejo.

Transportation: Travel to Puerto Viejo from San Jose, Costa Rica for \$10 or from Bocas Del Toro, Panama for \$25.

Food: A meal in small local restaurants, called 'Sodas', costs about \$5.

FOOD

24. Vegetarian Breaks



One of the best things you can do for your health is cutting back on meat. While traveling, you may encounter cultures that eat a plant-based diet; I encourage you to embrace it.

Cutting meat out, or at least reducing it, is great for your budget and even better for your health. You will have an increase in energy as well as better mental health.

Fresh vegetables tend to vary as you travel the world, from what is grown to how it is grown. I suggest trying out a veggie week, or month, everywhere you go to see how it benefits your body and lifestyle.

MINDSET

25. You Make The Rules

You cannot travel for others. While this may seem obvious, it will become difficult to travel for yourself as you embark on a journey. Everyone will have an opinion of what you should do, where you should go and what you should see. You cannot let these suggestions dictate your travels; you have to make the rules regarding your journey.

Your adventure is your story. You must write and live it as you see fit. Live in the moment and only do what you actually want. Don't worry about what other people will think if you go to Paris and don't see The Eiffel Tower. If you want to see it, go. If you don't, don't. It's that simple.

Trying to do everything you *think* you're supposed to do in every city you visit is overwhelming. Instead, stay true to yourself and do what you want on your journey. They are your memories, so despite the immense amount of people that will inevitably attempt to live vicariously through you, remember to live (and travel) for yourself.

“Travel is
glamorous only in
retrospect.”
– Paul Theroux

ACCOMMODATION

26. Helpx



Helpx is a great online community dedicated to helping travelers visit many countries around the world without paying for accommodation or food.

Helpx connects travelers with hosts, who open their homes and/or businesses, offering free room and board in exchange for a couple of hours a day.

Every host varies, but the ideal situation requires 4 hours of helping out in a family home/garden or a bed and breakfast for 4-5 days a week in exchange for a private room or apartment, plus all food expenses. I will highlight one of my Helpx experiences later.

TRANSPORTATION

27. Panama to Costa Rica for \$25



As I mentioned before, the ability to easily and cheaply move between countries is one of my favorite benefits in Central America.

From Bocas Del Toro, Panama you can travel to Puerto Viejo, Costa Rica for \$25 using Caribe Shuttle. Your ticket will include a 30 minutes boat ride to mainland Panama, followed by a 3-hour shuttle ride to Costa Rica.

You will have to carry your own luggage across an old bridge, so be mindful of that when packing and booking this trip.

EXPERIENCES

28. Bartering



Once you have identified your strongest qualities, the next step is to leverage them for what you want. Eliminate the middleman (money) and exchange your time or skill set for anything you want.

This model applies to accommodation, food and experiences while traveling. In future tips I will highlight different ways to apply skill sets ranging from photography to web design to eliminate travel expenses.

Use this idea, as well as specific bartering examples in this book, to brainstorm how you can leverage your unique skill set. Be creative and remember that there is no required training or experience level.

HOTSPOTS

29. Southeast Asia



Another top destination for budget travelers is Southeast Asia, for many of the same reasons as Central America. It's low costs, beautiful scenery, rich culture and inexpensive travel between countries makes SE Asia a great destination for backpackers.

With several budget airlines and adequate train and bus options throughout, you can travel between the eleven countries that make up the region cheaply.

With a variety of urban, countryside and beach destinations, there is something for everyone in Southeast Asia. I'll highlight a few specific destinations in the region later.

FOOD

30. Water Purifier



A water bottle, in general, will drastically cut your food costs. A water-purifying bottle is even more beneficial, as it can be used in places where the water is not safe to drink.

There are several options available. For about \$100 you can get a bottle that purifies water in 60 seconds using a UV-light. Although it is pricey, it will pay for itself on the road. You may visit places with water unsuitable for drinking; a water purifier means you will not have to continuously buy bottled water.

I also recommend purchasing a filter attachment for an extra \$15.



I'm not a 9 to 5 hater, because I'm sure there are plenty of people that actually love their job. However, I do think that the traditional work model is outdated and unfitting to many lifestyles.

With the internet, you can work from anywhere with a WIFI connection. If you're interested in travel, it doesn't have to be an escape or vacation from your regular life.

Traveling can be your regular life and you can make money on the go. I work online blogging, creating and selling products, and also recommending services. I teach you how to utilize these skills in my [eGuide: Passport Income](#) so you can work anywhere.

MINDSET

31. Think Like an Entrepreneur

If you want to successfully use these tips, you have to start thinking like a business owner. Whether you are looking to book an activity or accommodation, stop thinking like a consumer and start to think like an entrepreneur. Consider how you can benefit the businesses you are patronizing.

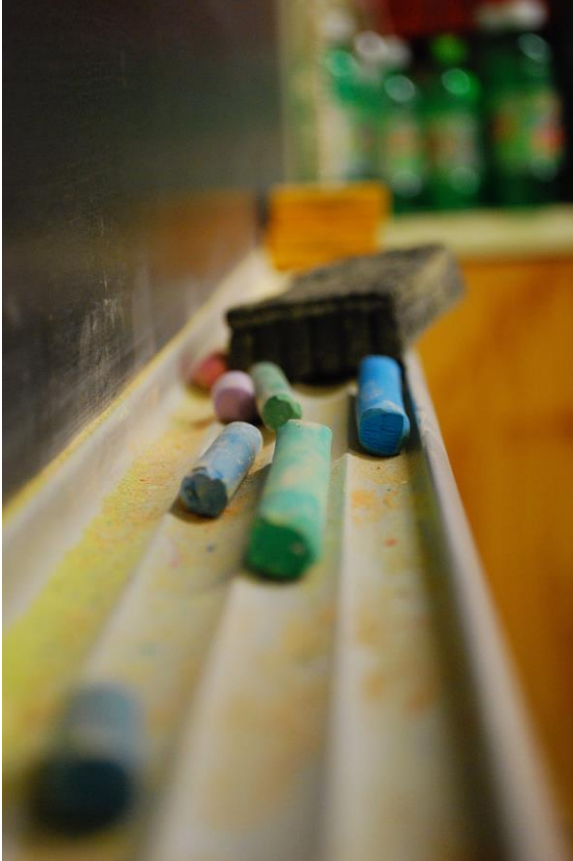
When selecting an option for accommodation you should always do your research. Think like the owner of the property you plan on booking. Do they have a strong web presence? Is it the low season? How many days do they have vacant for the month? All of these are reasons to propose a discount if you're thinking like the owner.

The owners of guesthouses, hostels and apartments all have the same goal: to break even. Making a profit is nice, but nothing is worse than not booking enough guests to cover your costs. Proposition an owner in their low season to pay their costs (which is usually about 50% less than the listed price) while taking a cut on amenities.

“The best way to
predict the future
is to create it.”
- Peter Drucker

ACCOMMODATION

32. Teach English Abroad



Being a native English speaker is a valuable asset when traveling. A TEFL certification will help you land a placement. Contracts usually include accommodation and a salary.

EXPERIENCES

33. Phuket, Thailand



Average Costs in Phuket, Thailand

Accommodation: A dorm room will run you around \$7/ night, while a private double room is only \$14/night.

Transportation: Thailand is a known travel hub of Southeast Asia. Travel throughout the country is very inexpensive and Phuket is no exception. A motorbike taxi is only \$1.75 per trip and a tuk-tuk ride around the entire island is only \$10.

Food: A meal at a local Thai restaurant will cost you about \$3, while a meal at a touristy restaurant is around \$10 per meal.

TRANSPORTATION

34. Buses



You can bus from London to Paris, or from Costa Rica to Nicaragua, for \$25. Buses are a great way to slash your transport costs whether traveling locally or internationally.

EXPERIENCES

35. Review a Tour



Whether you have a website or a platform to use, writing a review for a tour is a great way to experience an activity for free.

Simply emailing the Tour Company or going to speak with the owner is a great place to start. Put yourself out there and proposition that you write a review of the tour in exchange for a discounted/free tour.

As I mentioned before, sell the benefits your review will have for their business and not your discount. How many people will see it? Why do they need a review online? Sell yourself, enjoy the free tour and share your experience online.

FOOD

36. Street Food



From Marrakech to Manila, you can find street food in many cities around the world. It is always authentic, inexpensive and often delicious. Do yourself a favor and try it.

MINDSET

37. Growth > Stamps



Take your time when traveling. Don't visit ten countries in a week, because you won't actually experience anything. Rushing from one monument to the next, all to collect passport stamps is not what traveling is about.

The best way to blow your budget, while ruining your travel experience, is to attempt to see too much in a short period of time. Instead, slowly travel through countries, working on your personal growth while soaking in the culture. As exciting as it is to see a new stamp in your passport, it does not compare to the memories made from living in a new environment, meeting new people.

“Travel does what good novelists also do to the life of everyday, placing it like a picture in a frame or a gem in its setting, so that the intrinsic qualities are made more clear. Travel does this with the very stuff that everyday life is made of, giving to it the sharp contour and meaning of art.”
– Freya Stark

ACCOMMODATION

38. Late Nights For Early Flights



Its self-explanatory: book early flights, stay out late and wait in the airport overnight.

HOTSPOTS

39. Phnom Penh, Cambodia



Average Costs in Phnom Penh, Cambodia

Accommodation: A dorm room bed in a hostel will cost between \$5-10, while a private room in a budget hotel will run you about \$15/night.

Transportation: Rent a tuk-tuk for a day for about \$15 per person. Your driver will often act as your tour guide.

Food: You can get street food for under \$3 a plate, while a meal at a restaurant near the center will cost you about \$10 for a meal.

TRANSPORTATION

40. Budget Airlines in Asia



When you are traveling throughout Asia there are several budget airlines dedicated to transporting travelers throughout the region. Use these airlines to search for tickets in advance to find the cheapest prices to hop between countries in Southeast Asia. The following are the best four budget airlines in Asia:

- Air Asia
- Jet Star
- Tiger
- Lion Air

The price of anything
is the amount of life
you exchange for it.

– Henry David Thoreau

The tips in this eBook are designed to empower you and also to change the way that you think. I hope that by understanding the possibility to exchange your time for travel expenses, you also understand that traditional jobs require you to exchange your time for money.

In the next phase of creating your ideal lifestyle, I want you to begin to understand that making money doesn't have to cost you your time. Instead, you can make money passively, from anywhere in the world.

What would you do with your time if you didn't have to exchange it for money? [Learn how I do it in my digital guide.](#)

EXPERIENCES

41. Photography Exchange



Whether you're a seasoned photographer or just have a camera, you can easily help businesses by taking pictures of their product or service, to later use on their marketing materials and website.

Paying attention to the poster advertisements and fliers you will undoubtedly encounter is the best way to identify a great business to partner with.

Go to the business, speak with the owner and sell yourself. Offer to take great pictures, edit them and deliver digital copies in exchange for a free tour/activity. You're going to take pictures anyway, leverage them to cut your expenses.

FOOD

42. Support Local Brands



When traveling abroad, take a break from your hometown brands and support the local versions. From ketchup to beer, there will always be imported selections alongside the local brands.

In England a local beer is half the cost of American imports. The same goes for liquors, toiletries and condiments around the world.

Go for the local brands so that you can know and compare the differences. Everything is sweeter in Central America, while Europe's beverages are less sweet because of their ban on high fructose corn syrup.

MINDSET

43. Entitlement



I've found that people tend to have a layer of insecurity regarding travel, as if they're not supposed to or they're not welcomed. I encourage you to shed that layer of doubt and replace it with entitlement. You have the right, power and privilege to travel.

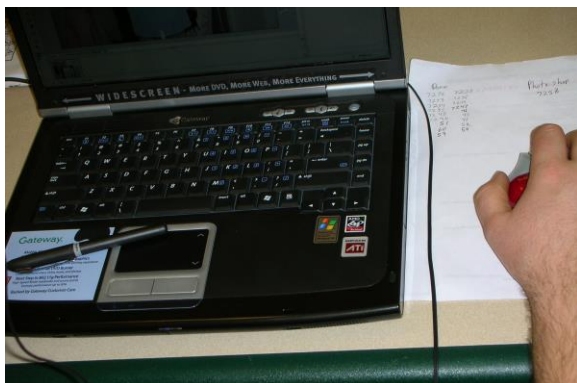
Many people around the world see traveling as a right of passage, or a mandatory part of life. Teenagers take a gap year, or a year dedicated to self-discovery through travel, all over the world. Traveling is not a luxury reserved only for the wealthy. You owe it to yourself to seize the opportunities granted to you by having access to a passport that gains you entry into so many countries.

“One day, you will
wake up and there
won’t be any more
time to do the
things you’ve
always wanted. Do
it now.”

– Paulo Coelho

ACCOMMODATION

44. Build a Website for a Guesthouse



A great way to secure free accommodation is by offering to build or improve a website for a hostel or guesthouse.

Simply search booking websites for hostels and guesthouses in your desired destination. When you find options that meet your requirements, check out their standalone websites.

You're looking for a website you can improve, by adding better pictures, functionality or even correcting typos. Contact the hostel directly via email or phone and proposition the owner to make the adjustments in exchange for a free stay.

HOTSPOTS

45. Nha Trang, Vietnam



Average Costs in Nha Trang, Vietnam

Accommodation: A dorm room bed costs a little more than \$5/night while a private double room in a hostel or hotel will cost about \$20/night.

Transportation: Taxis only cost \$1 per kilometer while the local bus costs less than \$1, though it is notoriously overcrowded.

Food: You can enjoy a meal from a street vendor for only \$1-2. A sit down meal at a restaurant can cost as little as \$5. Of course there are more expensive options as well as a variety of cuisines.

TRANSPORTATION

46. Pack Light

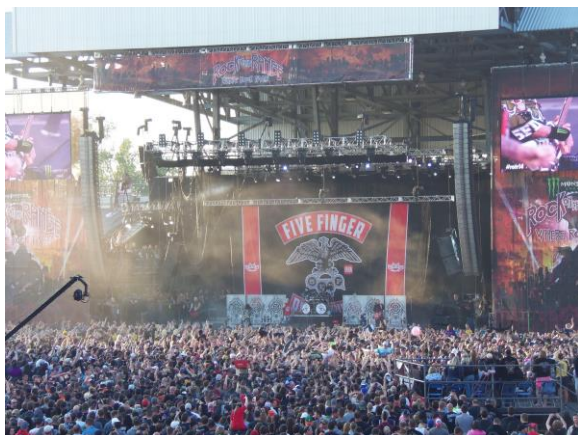


You must pack light in order to take full advantage of all of the tips in this book. Remember that you can purchase items along the way and do not need to pack everything you own in your luggage.

Budget airlines are known to sell cheap tickets, but charge for everything else. This includes checked baggage, so try to pack light enough to carry your luggage on every flight. If you plan to go the backpack route, the largest backpack that meets airline carry-on dimension requirements is a 35 Liter bag.

EXPERIENCES

47. Volunteer at Festivals



Whether it's the Glastonbury Music Festival in England or the Hot Air Balloon Festival in Turkey, try to make it to at least one festival while traveling. Festivals are at the top of the 'dream travel experiences' list.

Volunteering is a great way to attend these notoriously expensive festivals for free. Many people make a living as vendors for festivals and they are always looking for workers. Helpx and Workaway have several hosts that will provide your food, accommodation, entry into the festival and commission on sales. You'll work for part of the festival and have plenty of time to enjoy the festivities afterwards.

FOOD

48. Translate Menus



This one is pretty simple. Whenever you are at a restaurant and notice they do not have an English menu, offer to provide one for a discounted price or for free meals for a set period (free lunch or dinner for a week). I suggest propositioning the owner after paying for a meal rather than before.

MINDSET

49. Solo Travel



Waiting on others, or trying to drag them along while covering a portion of their expenses, is a sure way to blow your budget. While I am lucky enough to have a travel companion, do not let the lack of one deter you from beginning your adventure.

There is something very freeing and courageous about solo travel. You learn so much about yourself when traveling alone, doing whatever you want, whenever you want.

You will undoubtedly meet people along your journey so do not procrastinate or foot someone's bill just to have a companion.

“As you travel solo, being totally responsible for yourself, it’s inevitable that you will discover just how capable you are.”

ACCOMMODATION

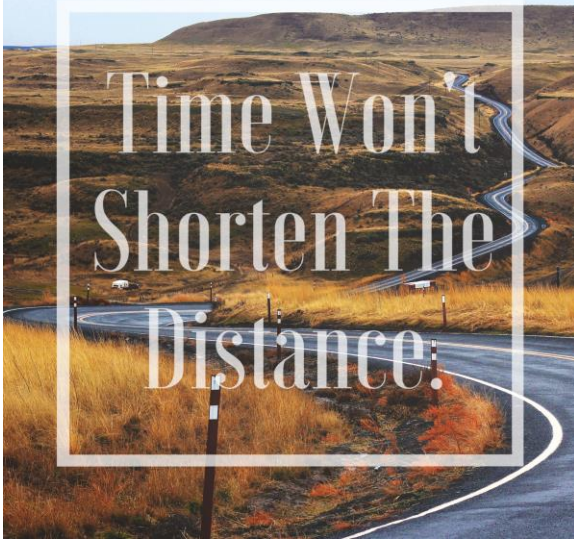
50. Workaway



Workaway is another website dedicated to connecting travelers with hosts around the world.

Workaway hosts offer free accommodation in hostels, guesthouses, bed and breakfasts, family homes, farms and villas in exchange for a couple of hours of work 4-5 days per week.

Work can vary depending on the host, as can the accommodation. Be sure to ask many questions, see pictures of the property, research the area and read the host's reviews before committing to stay.



I always tell people that next year is coming whether you decide to chase your dreams or not. It's a very bold statement, but it's the truth.

Deciding to change your lifestyle is completely up to you, but waiting to make it happen won't make the process any easier.

If you don't create the lifestyle you want, you'll constantly find yourself desiring change. Maybe you'll fill that void with things, but hopefully you'll begin to create a life tailored to you. For me that meant making money online, so that I could travel full-time. Learn more about making money passively in my [e-guide: Passport Income.](#)

HOTSPOTS

51. South America



South America is a very popular gap year destination. Old and young travelers alike enjoy hopping from one country to the next in South America.

With its rich culture, various landscapes, international treasures and delicious food, it is no mystery why so many people enjoy extended stays in South America.

Travel from country to country is inexpensive as well as lodging and food costs. I will highlight a couple of South American destinations later, in further detail.

TRANSPORTATION

52. Skyscanner



Picking a destination can be one of the most difficult decisions when looking to travel. You may not know where you can travel cheaply, or the best time of year to travel to your desired destination.

Skyscanner solves both of these problems, making it easy to plan a travel adventure in advance. Using ‘everywhere’ as your desired destination allows you to see how cheaply you can fly to every country in the world. You can also extend your travel dates for an entire month or year. These tricks will help you pick the cheapest countries to travel to as well as the cheapest times to travel. Use this tool to plan a longer journey by seeing how cheaply you can fly from every destination along your adventure.

EXPERIENCES

53. Free Days



Many museums in Europe offer a free day every month. For most, it is the first or last Sunday of the month. This goes for The Vatican in Rome, The Louvre in Paris, The Picasso Museum in Barcelona and many more. By researching the free days, you can enjoy museums for free around the world.

FOOD

54. Today's Special



Another simple tip is to always note the special times and meals to eat at restaurants. Many restaurants offer a special price during lunch times and right before closing.

The meal of the day, which is often what the restaurant is known for, is usually offered at a cheaper price as well. When dining out, try the specials to save money on the road.

MINDSET

55. People Want to Help

Traveling is known to restore faith in humanity, because of the great people you will encounter when you least expect it. Whether its the guy that helps you find your train five minutes before departure or the lady that volunteers to translate for you at the pharmacy, strangers will undoubtedly play a significant role in your travel journey.

You will make friends along the way that may even accompany you on your trip. Embrace these friendships by letting go of the agreement that everyone is out to get you. Look for the good in people without sacrificing your common sense. By all means, listen to your intuition and follow your instincts, but understand that there are great people in this world that want to help.

House sitting, and volunteering in general, can be uncomfortable. You are extremely vulnerable going to meet a stranger in an unfamiliar environment, but do not let that fear inhibit you from seizing any available opportunities. Just be safe: do your research, follow precautions, and keep others aware of your travel plans and locations.

“In any given moment we have two options: to step forward into growth or to step back into safety.”
— Abraham Maslow

ACCOMMODATION

56. Three Months in an Italian Villa



We spent three months in a private Italian villa in a bed and breakfast on the border of Tuscany in a Helpx work exchange.

We worked four days a week, making an Italian meal for the guests of the bed & breakfast. In exchange, we received a private two-bedroom Italian villa with a private kitchen and bathroom, free meals (we could eat with the guests and make a grocery list whenever we wanted), unlimited wine, WIFI, access to the pool and free rides to the train station to visit surrounding areas. Pretty sweet deal if I do say so myself.

HOTSPOTS

57. Quito, Ecuador



Average Costs in Quito, Ecuador

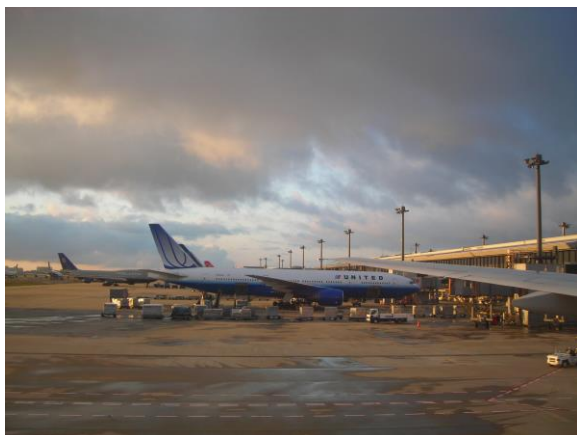
Accommodation: A dorm room bed will cost you \$8-10, while a private room will cost closer to \$15 and a hotel room is \$20.

Transportation: You can walk to many attractions in the city. The bus will only cost \$0.50 each way and a taxi will cost less than \$5 for a 15-minute ride.

Food: A local meal from a food stall is only \$2, a meal at a traditional restaurant is about \$5, while a touristy restaurant will cost about \$10.

TRANSPORTATION

58. The Flight Deal



The Flight Deal is a website dedicated to sharing the cheapest flight deals departing from the United States. Sign up for updates, especially for those associated with your hometown, to be alerted to flight deals and glitches as soon as they're announced.

Flight deals are notoriously time sensitive, so you have to check the website daily and act as soon as a deal is identified. You should book a flight the day the fare is discovered, as they do not last long. The Flight Deal will give you detailed instructions to book the flight including the airline, possible destinations and available dates to travel.

EXPERIENCES

59. Get Lost



Getting lost in a new place can be more fun than you may think, and most of all it's free! Go adventuring the unknown, travel to the less famous places and explore the back roads. When everything is new to you, the most mundane things - like street signs and public libraries - become interesting.

FOOD

60. Picnics



Cooking everyday can get boring, but dining out can get expensive. A great way to switch up the routine is to have a picnic from time to time.

Parks and gardens are free around the world. Grab a blanket and pack your meal away to enjoy it sprawled out on a lawn or a beach in the middle of the day.

Picnics are fun, a switch from the regular routine and a cost friendly activity and meal option. Whether you're in Hyde Park or the Luxembourg Gardens, a picnic is always a good time.



There always seems to be a fork in the road of life, requiring a choice – either money or fulfillment. It's as if you cannot make money and do what you love.

I don't agree with this. However, I do like to separate 'what I do' from 'what I do for money'.

Creating money passively has allowed me to create the lifestyle of my dreams, because I am no longer exchanging my time for money. In [Passport Income](#), I teach others how to identify and utilize their skill sets to make money online too. The truth is, you have everything you need and can start now.

MINDSET

61. Reclaiming Your Time



Everything changes when you decide to live life by your own rules, reclaiming your time. While it is a very freeing decision, you may find it harder to shake the mental barriers than the physical ones.

It's a huge mental shift to no longer plan your life around the weekend. When traveling, your time and flexibility will quickly become your greatest assets, it is up to you to leverage them. You have the ability to house sit in South America for 6 months or spend 3 months volunteering in India. Freeing up your time will free up your life. Embrace your newfound freedom and take advantage of the new opportunities.

“Luxury is Feeling
Unrushed.”
– Tim Ferriss

ACCOMMODATION

62. Pet Sitting



Pet sitting is a great way to leverage your newfound flexibility while traveling. It is as straightforward as it sounds. You simply look after someone's pet(s) while they are away, and in exchange, they provide you with free accommodation (and potentially other perks).

Trusted House Sitters connects travelers and hosts around the world for house and pet sitting. There is a membership fee, but it is well worth it when you consider the savings.

There are pet sitting opportunities all over the world that range in time from a weekend stay to over a year. If you have ever wanted to move abroad, this may be a great option.

HOTSPOTS

63. Cuzco, Peru



Average Costs in Cuzco, Peru

Accommodation: A dorm room bed in Cuzco will cost about \$10/night with a private room costing closer to \$25/night.

Transportation: Taxis are inexpensive; of course the cost depends on the distance. Local buses cost \$1 each way and coach buses for long distances range from \$40-\$80, depending on your destination.

Food: Street food is very cheap, at \$2 for a meal, while a traditional restaurant meal is about \$7 for lunch or dinner. The touristy restaurants will cost about \$10-15 for dinner.

TRANSPORTATION

64. Budget Travel in South America



Although South America is known for its inexpensive accommodation and food options, travel by air is often costly. Below are the cheapest airlines as well as popular bus services, because busing is the cheapest and most popular transportation option.

Budget Airlines in South America:

- Sky
- Azul
- Gol

Budget Bus Services in South America:

- Andes Transit
- Omni Lineas (Argentina Specific)
- Busca Onibus (Brazil specific)
- Cruz Del Sur (Peru specific)

FOOD

65. Visit Local Farms



From wine to veggies, it is always cheaper to buy directly from the source. We visited vineyards in Italy, France and Spain and were able to purchase wine for less than \$1 per liter. In Morocco, and Central America, we always got the freshest vegetables and lowest prices by buying directly from farms.

ACCOMMODATION

66. Leverage Your Artistry



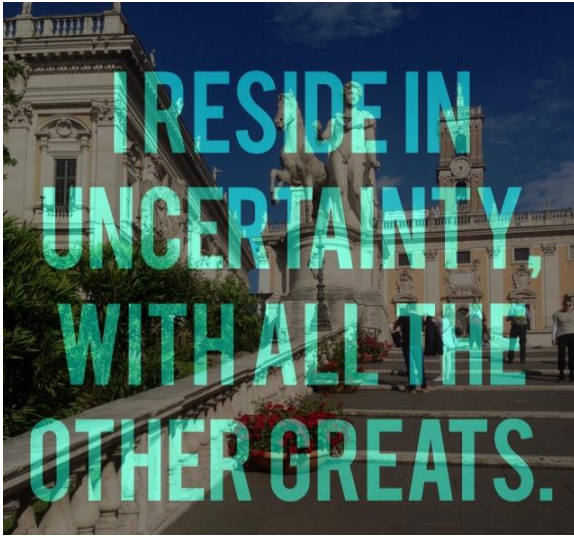
I feel obligated to speak directly to the Creatives. I know that figuring out how to leverage your artistry into a career can be difficult, but it is possible.

People around the world appreciate and desire unique and customized artwork. Even better, you can find and create for clients online, which creates a location independent career.

While you figure out how to develop your artistry into a career, you can leverage your talents to cover your expenses. Offer to paint a mural in a hostel or boutique hotel in exchange for a free stay. Apply this same model to restaurants and touring companies.

MINDSET

67. Self-Empowerment



Doubt and fear will inevitably hold you back from embarking on a journey, especially if you plan to travel long-term. There are so many questions and so much to worry about. *Where will you live? How will you get there? How will you make money? What will happen if you run out of money?*

Residing in the uncertainty of independence can be nerve wrecking when you doubt yourself and your capabilities. Empower yourself to leverage your talents and skills as a medium of exchange.

“You have control over your life, and it is only when you recognize that and are willing to be responsible for your life, that you can truly soar.”
– Oprah Winfrey

ACCOMMODATION

68. Overnight Buses

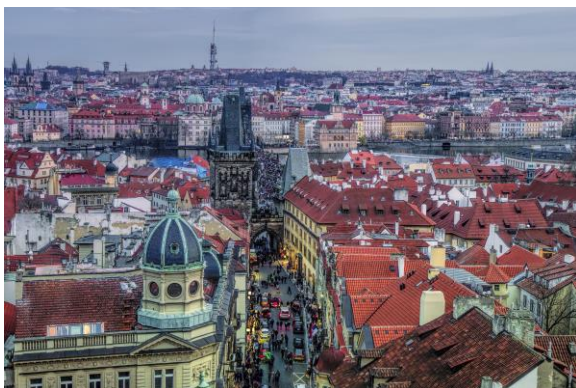


Another simple tip: whenever given the option to take an over night bus, take it. For budget reasons, you are covering a night of accommodation on the bus. For traveling reasons, the best time to sacrifice on a bus is the nighttime so that you can spend the day exploring and sightseeing.

There are overnight buses in pretty much every region. Central America, Europe and Asia all offer international overnight buses for the same cost as the daytime tickets, sometimes even cheaper.

HOTSPOTS

69. Eastern Europe



Europe is another popular backpacking region, despite its reputation for being expensive. While some of the most popular destinations in Western Europe can be expensive, Eastern Europe has many beautiful and historic places to see at a fraction of the price.

Visiting Eastern Europe is a must when you travel to Europe so that, at the very least, you can compare the two regions. While there are many similarities, there is a very different vibe in Eastern Europe. I will highlight a couple of Eastern European hotspots later.

TRANSPORTATION

70. Budget Airlines in Europe



A great benefit when traveling throughout Europe is the cheap cost of airfare. If you have the option to book your flight well in advance you can fly to some of the most popular destinations for less than \$40 using these budget airlines:

- Ryanair
- Easyjet
- Vueling
- Wow Air
- Norwegian Airways



Why limit the amount of days you get to spend as you like? And why let someone else dictate your schedule?

The coolest part of independence is the freedom of choice. You don't have to travel the world nonstop, but you should have that option.

You should be able to spend your time with your friends and family, but a job tends to get in the way of that.

Making money passively allows you to reclaim your time and spend your life doing the things that matter the most, with the people you love the most.

EXPERIENCES

71. Bundle Activities



When you travel to new destinations you will always want to try a few activities in the region. If you're near the water you will want to go snorkeling, fishing and sailing. If you visit Rome you will want to see The Colosseum and The Vatican.

To save, always bundle activities when you can. Go on a boat trip that will allow you to do several activities in the course of the day. Purchase the two-day pass in Rome that grants you entry to several museums and exhibits. Bundling will save you time and money, as they usually allow you to skip lines and save up to 40%. Do your research and you will find these opportunities in most cities around the world.

FOOD

72. Food Photography



Do you always take pictures of your meals at home and restaurants? Then you may have a food photography portfolio. If you can take enticing pictures of food, you are valuable to restaurants owners. Have you ever gotten a flier for a restaurant and wanted to try the food in the picture? That's good marketing. Whenever you notice a restaurant with less than stellar food photography, offer to improve their pictures. You may find yourself trying their entire menu or eating free for a week.

“You have not
lived today until
you have done
something for
someone who can
never repay you”
– John Bunyan

ACCOMMODATION

73. Volunteering



Volunteering is as much for you as it is for the people you help. Experiencing cultures around the world can be exciting and overwhelming. You'll want to fix things that don't meet your normal standards.

The quickest way to expose the strengths in other cultures and the weaknesses in your own is by volunteering within a community. It highlights the differences, good and bad, that make the world so beautiful and unique.

I encourage you to volunteer at least once while traveling. It will humble your perspective from that of a healer to an empathetic student.

HOTSPOTS

74. Bucharest, Romania



Average Costs in Bucharest, Romania

Accommodation: A dorm room in Bucharest will cost you as little as \$6/night or you can rent a very modern studio apartment for \$30/night.

Transportation: You can fly to Bucharest from London for \$50 using the budget airlines in Europe. Travel throughout Bucharest is very inexpensive; buses are only \$1 each way and taxis are also cheap.

Food: A traditional restaurant will cost about \$6 for a meal, while a touristy location will always be more. Groceries for a week only cost \$40-50.

TRANSPORTATION

75. Budget Buses in Europe



There are trains that travel throughout Europe, but they tend to be more expensive than budget airline flights. Buses are the cheapest option to travel within Europe (especially when booking last minute), so I highlighted some of the best fares from the most popular bus services below:

- Bus from Paris to Amsterdam for \$28 with **IDBus**
- Bus from Amsterdam to Frankfurt for \$24 with **MegabusUK**
- Bus from Frankfurt to Milan for \$20 with **Eurolines**

MINDSET

76. Be Your Own Support System

Embarking on an adventure is not only intimidating for you; it will also affect the people around you. Friends and family may be intimidated and fearful for you because of your decision to travel. You may not have many people you can ask for advice and guidance on your journey.

Even if you do have a great support system set up, there will be times when you cannot reach them while you are in need. For this reason, you have to become your own support system.

You will learn through experience how to solve problems on your own as well as ways to stay motivated and encouraged. Use your time on the road as a time to learn more about yourself and what makes you tick.

Becoming your own support system will be necessary and invaluable during your journey and beneficial long after your adventure comes to an end.

ACCOMMODATION

77. Two Months in The English Countryside



Our first house sitting experience was for two months in the south of England. The hosts were very welcoming, the house was comfy and the community was small and inviting. We went to local plays, shopped at farms and enjoyed pints at the local pub. Our stay was completely free, including all of the utilities and amenities (WIFI, satellite TV, etc.). The hosts were so great we even stayed a few extra days after they returned.

TRANSPORTATION

78. Cheap Travel in The United Kingdom



National Express offers bus services for as little as \$8, depending on your destination. You can travel to Brighton, in the south of England or all the way up to Glasgow in Scotland for very affordable rates.

“Tourists don’t
know where they
have been,
travelers don’t
know where
they’re going.”
– Paul Theroux

MINDSET

79. Tourists Vs. Travelers



Tourists are people vacationing, trying to fit in as many sights as their schedule allows. They stay in hotels with English speaking receptionists, regardless of their location; eat at restaurants that serve American cuisine and never interact with the local residents.

Travelers, on the other hand, live within a community, try the traditional foods and immerse themselves in the culture. Without a strict schedule, travelers are able to take their time exploring. Which are you?

EXPERIENCES

80. Local Entertainment



There will always be popular activities when traveling to new locations. There are two types of activities; those aimed at attracting tourists, which will always be over priced and over crowded. Then there are the activities and events aimed to please the community, which are less expensive and more reflective of the true culture.

An English summer isn't complete without a proper horse show. In Thailand, go to a kickboxing match to watch the local and international fighters. By mixing in the local activities and events with the popular tourist 'things to do', you will stretch your budget much further.



People are always very vocal about what you 'have' to do, as if you do not have a say in your life. There's a predetermined map and you're only allowed to follow the directions.

I call these people dream thieves, but they're more than likely just people that have had their dreams stolen from them. Hold on to your dreams and strive to make them your reality.

[Learn more in on my blog.](#)

ACCOMMODATION

81. Couchsurfing

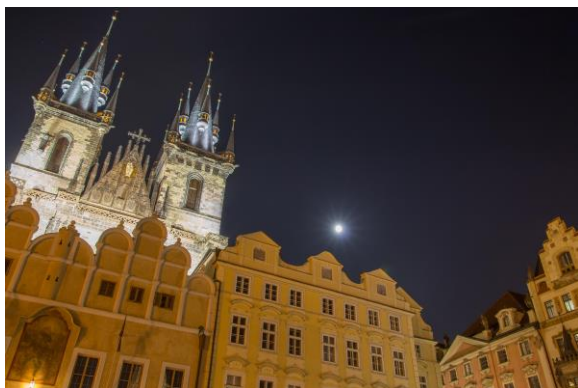


Another website dedicated to connecting travelers with hosts for free accommodation is Couchsurfing. The growing online community is all about restoring the faith in humanity, as hosts open their homes to strangers simply to meet new people from around the world.

Ideally, couch surfing would be reciprocated at some point. If you do stay with someone while on the road, you should later open your home to host a traveler in your city. Hosts are usually looking for a cultural exchange, so be open to conversation. There is no monetary exchange in couch surfing, but it is courteous to give your host a gift.

HOTSPOTS

82. Sofia, Bulgaria



Average Costs in Sofia, Bulgaria

Accommodation: A dorm room costs as little as \$5/night, while a private room is closer to \$15/night. Rent an entire studio apartment for \$20/night.

Transportation: Sofia is the capital of Bulgaria and therefore more urban. Travel to the coast, which is lined by beaches for less than \$10 by train. Travel within Sofia is also very inexpensive, with buses costing \$1.

Food: Local street food will cost you less than \$5 for a meal, with many options for pizza for \$2. A sit down restaurant will cost a little more, closer to \$10 per meal.

TRANSPORTATION

83. Flight Deals in Europe



Holiday Pirates is a website dedicated to sharing flight deals and discount vacation packages in Europe the same way The Flight Deal does in the states.

Holiday Pirates is a great website to check if you are planning a trip to Europe. They share all flight glitches in the region. They recently shared an airline glitch, selling flights from Ireland to Denmark for \$0.60!

The deals on Holiday Pirates usually depart from The United Kingdom, but with the cheap airline and bus options in Europe, it is not difficult or expensive to work around that obstacle.

“All you’ve got to
do is decide to go
and the hardest
part is over.”
– Tony Wheeler

EXPERIENCES

84. Free Walking Tours



From Paris to Puerto Viejo, there are always free walking tours, usually given by locals, in cities around the world. You may be able to find some online with a little research, but you can always figure out about them from hostels and budget hotels. While there is no charge, it is courteous to tip your guide.

FOOD

85. Farm Exchange



Working on a farm is hard work, but it is very rewarding and a great learning experience if you have ambitions of growing your own food.

Farm exchange is one of the options available on Helpx and Workaway. You would work on the farm for 4 hours per day for 4-5 days a week in exchange for free meals and accommodation.

If there is a specific skill you want to learn or even a task you want to avoid, you can let the host know before agreeing to the exchange. I think working on a farm, even if for a short stay, is a great opportunity to test-drive a different lifestyle.

MINDSET

86. Create The Lifestyle You Want



Once you begin to seize all of the many opportunities available to you, there may be a sense of guilt or disbelief. *Who are you to create the lifestyle you want?*

Many of your friends and family may still be locked into lives that do not fulfill their dreams, which can make you question your lifestyle.

You owe it to yourself to create the lifestyle you want and live it fully. Embrace the changes and let go of the guilt. You deserve to travel the world, enjoy it.

ACCOMMODATION

87. Two Months in Majorca



Pet sitting was very intimidating for me. I had never been in charge of anyone's pets before so I was apprehensive to take on such a huge responsibility. I was asked to sit two dogs in Majorca, Spain for two months. The location really won me over, so I decided to give it a try. Pet sitting is now one of my favorite ways to lower costs. It's great practice in case you want to be a pet owner one day, plus it makes staying in a new home much more comfortable. The owner covers all of the home and pet expenses. You are usually asked to simply feed, walk and love the pets while the owner is away.

HOTSPOTS

88. Northern Africa



With its rich history, stunning monuments and architecture, low cost of travel and hot weather, Northern Africa is a great stop when traveling on a budget. I will highlight two of the most popular destinations in Northern Africa later.

TRANSPORTATION

89. Off-Peak Travel Times



You may know that traveling on a weekday costs much less than traveling during the weekend, but did you know that later flights are even less expensive?

Traveling during off-peak times will lower your costs on all types of transportation, from the local bus or subway to international trains and flights.

The time of year can also have a huge effect on the cost of your travel. Once you pick a destination, research the peak times, or ‘high season’, and try to avoid them. Your ticket will be much less expensive and you may end up having the beach to yourself.

“Not all those who
wander are lost.”
– J.R.R. Tolkien

ACCOMMODATION

90. Housing Variety



House sitting, couch surfing, volunteering and pet sitting can be great experiences, but for your sanity, it is essential to have a place to yourself every now and then.

On the other hand, renting apartments in cities around the world is fabulous, but it can get very expensive very quickly.

Finding the perfect balance for your specific budget as well as your comfort level is the best way to find the right variety of housing options. Try out as many of the accommodation saving tips that you are comfortable with, but don't push yourself too far too fast. Find a balance that is comfortable for you and your budget.



I know that everyone is not interested in traveling the world for years at a time, especially not by using the methods listed in this eBook.

Some people like their travel to be luxurious and some just want to spend time with their family.

After a year of traveling using the methods in this eBook, I too desired a change. I adjusted my life so that travel could be more glamorous and I could spend more time with my family.

Learn how I created the lifestyle I wanted in my [digital guide: Passport Income.](#)

TRANSPORTATION

91. Public Transportation



Public Transportation in a new and unfamiliar area can be scary and intimidating, but it is the perfect way to drastically cut your travel costs. Taxis tend to cost much more than buses and subways in more developed countries.

I have found that subway systems appear to be in English regardless of what country you are in because they use images more than words. A metro map in Paris looks just like a metro map from Washington, DC, as do the signs in the metro stations.

You may be surprised how easily you can navigate public transportation. It will be intimidating, but you will get the hang of it.

MINDSET

92. Be Open-Minded

All of these tips are great once you're out in the world making your way around the globe. They'll help you successfully execute long-term travel.

As cliché as it sounds, once you've begun traveling, the most difficult phase is over. Figuring out how to sustain your travels and lifestyle is much simpler than embarking on an adventure in the first place.

People have so many hang-ups about what traveling will be like, how foreigners will treat them and where they're wanted and unwanted.

Let all of those agreements go, along with other peoples' experiences. Everyone has a different perspective and you can't internalize anyone else's story, you have to write your own.

Traveling is the best way to shed these layers of insecurity. Your journey will prove to you that you're enough. Not only are you able to travel the world, people of all races and nationalities welcome you. Be open to personal change, growth and development.

HOTSPOTS

93. Marrakech, Morocco



Average Costs in Marrakech, Morocco

Accommodation: Rent a private room for \$10/night or book an entire apartment for \$450/month. Hostels are not as common, so dorm rooms are hard to find.

Transportation: Fly to Morocco from Europe for \$40 or less using Ryanair. Transportation in Morocco is very inexpensive in general. The local bus costs about \$0.50, taxis cost about \$2/person for a 10-minute ride.

Food: A traditional Moroccan meal with tea will cost about \$3, with costs increasing the closer you are to touristy locations.

EXPERIENCES

94. Parades



A simple & cheap entertainment option that gives you an authentic glimpse of a community is a local parade. There's always enthusiasm, many activities and great food available at parades. Research holidays before heading to a destination to see if you can catch a local parade during your stay.

“A good traveler
has no fixed plans
and is not intent on
arriving.”
– Lao Tzu

ACCOMMODATION

95. Stay Flexible with Stays



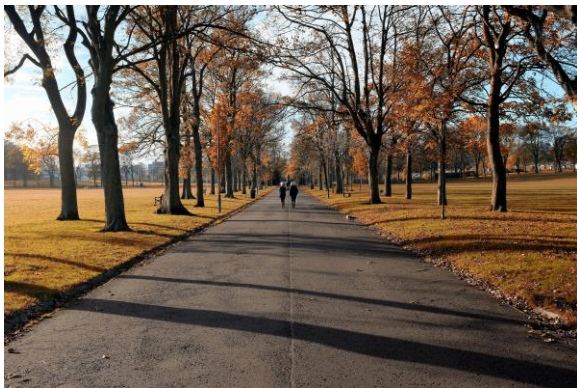
Rotating between long and short stays is a great way to see all of the places you want to see without blowing through your budget.

Use the websites listed at the end of this book to search for accommodation options before a trip. When accommodation is very expensive, book a shorter stay. When you find accommodation is cheaper, book a longer stay, remembering to negotiate the price with the owner for a discounted rate before booking.

Staying flexible with your schedule allows you to take advantage of lower rates while managing to visit your ‘must see’ places.

TRANSPORTATION

96. Walking



I've already gone over the cost savings of using public transportation, but walking is the most obvious, and possibly most cost efficient, way to save money on transport.

You'd be surprised how much easier it is to walk in new destinations. When everything is foreign, even errands become more fun. In metropolises you can often get around faster walking than you can in a taxi.

Metros are great and fast, but you miss everything when traveling underground. With or without your luggage, walking is more feasible and may save you more money than you think.

EXPERIENCES

97. Beach Days



Visiting warm locations on the water have more benefits than perfect weather. When you're living near a beach, you always have a free activity. While there are some beaches that charge for entry, I have found that there is always a free beach option, although you may have to do a little research to find it.

When living on an island in Panama, the most popular beach charged \$5 for entry. However, once we talked to the local residents we learned that there was a free, and much more beautiful beach, that tourists didn't know about on the other side of the island. Of course this beach had no entry fee and all of the same perks; win-win.

HOTSPOTS

98. Hurghada, Egypt



Average Costs in Hurghada, Egypt

Accommodation: A dorm room bed will cost you as little as \$6/night with a private room costing closer to \$10/night. Rent an entire apartment for \$400/ month.

Transportation: Travel is very cheap throughout Egypt. A five-hour bus ride to Cairo only costs \$10.

Food: The food in Egypt is inexpensive and known to be delicious. A meal at a local restaurant will only cost \$5 a meal, or less. A week's worth of groceries is only \$35-40.

ACCOMMODATION

99. Hostel Exchange



Working at a hostel in exchange for a free stay is one of the many options available with Helpx and Workaway.

It is as simple as it sounds; you work at a hostel for 3-4 hours per day for four days a week in exchange for a free stay and daily breakfast. What you do at the hostel is negotiable, dependent on your skill set. If you're an artist, you could add art around the hostel during your time. If you are good with web design, you could work on the website. Or, if you don't have a specific skill set you may just work at the reception desk or pass out fliers to promote the hostel.

FOOD

100. Restaurant Review



Whether you create a website dedicated to reviewing all of the places you visit, or you volunteer to write for an already established website, writing reviews is a great way to earn freebies everywhere you go.

Simply create a sales pitch including what you will offer the restaurant – publicity, web presence, social media exposure – and what you desire in exchange (a free meal, gift certificate, stipend, etc.) and send it out to restaurants in the area you plan to visit.

Be prepared for the owner to check out the website where you plan to review their restaurant. They may respond with a different offer or further requirements, but writing reviews is a sure way to lower your food expense.

TRANSPORTATION

101. Budget Airlines in US



Whether you're looking to travel around The United States or in need to fly to a larger hub to catch an international flight, there are airlines that focus on travel within the US.

These airlines are also good for flying to Central America and The Caribbean; so don't count them out for international travel. Below are the best budget airlines operating in The United States:

- Southwest Airlines
- JetBlue
- Spirit Airlines
- Frontier Airlines

“To travel
Is to discover that
everyone is wrong
about other
countries.” –
Aldous Huxley

The Next Step

Traveling the world was a dream I had for many years and I was willing to sacrifice any and everything to make it my reality.

I spent a year traveling the world using the methods in this eBook before I decided to adjust my focus. I was no longer interested in saving as much money as possible; instead I wanted to make more money.

What I discovered was simple, yet life changing. The same skills you use to save money can be used to make money, and that's exactly what I did.

You'll notice that a lot of the tips in this eBook are directed to help others in exchange for a traveling expense. If you keep that premise and learn how to scale what you're offering, you can make money passively while also helping many people.

For instance, I created this eBook as a guide for others, but it was actually a list of the ways that I lived. It was a composite of all of my skills to save money put into a digital product.

I compiled this list to help others like me who don't know how to afford traveling, but still want to make it happen. Because the product

was digital, I could easily scale the business model and sell one product again and again.

I sold many copies of this eBook, without any further work, before deciding to give it away. I made money from my saving money tactics. Pretty ingenious, right?

Now, I teach people how to identify their unique skill sets before utilizing them to help others, which in turn makes them money.

The goal of my [eGuide: Passport Income](#) is to empower people to make money on their own so that they can work from anywhere in the world.

This is the next step in a lifestyle of travel and I hope you'll take it so that you can begin to create the lifestyle you want.

Learn more and contact me directly on my blog: TheIndefiniteHoneymoon.com

RESOURCES

Visit the website below for links to all services, airlines, bus lines and travel products listed in this eBook.

<http://www.theindefinitehoneymoon.com/ebook-resources>